

CONCUSSION, HEAD INJURY & SUDDEN CARDIAC ARREST – STUDENT SPORTS**CONCUSSION AND HEAD INJURY**

The Board recognizes that concussions and head injury are commonly reported injuries in children and adolescents who participate in sports and other recreational activities.

Therefore, all interscholastic athletic activities in the District will be identified by the administration and all appropriate District staff, coaches and team volunteers will complete training as required in Procedure 3422P to recognize warning signs and symptoms of concussion and head injury and provide certification of completion to the District. Additionally, all coaches will comply with WIAA guidelines and District procedures for the management of concussion and head injuries.

Consistent with Washington state law, the District will utilize information developed by WIAA and other pertinent information to inform and educate coaches, athletes, and their parents/legal guardians of the nature and risk of concussion or head injuries, including the dangers associated with continuing to play after a concussion or head injury. Annually, the District will distribute concussion and head injury informational pamphlet to all parents/legal guardians of student participants in competitive sport activities. Prior to the first day of participation, documentation signed by the student and parent/legal guardian acknowledging review and understanding of the information distributed must be returned to the school.

Prior to the first use of school district facilities, all private nonprofit and community youth sports programs must provide a written statement of compliance with this policy in regard to concussion and head injury with proof of insurance as required by RCW.4.24.660.

SUDDEN CARDIAC ARREST

The Board further recognizes that sudden cardiac arrest is reported to be the lead cause of death among young athletes. The Board will work with WIAA to make available a pamphlet, online and/or in print form, that provides student athletes, their parents/legal guardians and coaches with information about sudden cardiac arrest. To this end, the District will maintain a link on its website to the OSPI website where the online pamphlet is posted.

Annually, prior to participating in any interscholastic athletic activity, students and their parent/legal guardian must review the informational pamphlet and submit documentation, signed by the student and parent/legal guardian, acknowledging review and understanding of the information distributed must be returned to the school. This documentation may be combined with the annually distributed concussion and head injury acknowledgement referenced above. Additionally, all coaches, paid and volunteer, will comply with WIAA and District guidelines for the management of sudden cardiac arrest.

The Board will also work with the WIAA to make available an existing online sudden cardiac arrest prevention program for coaches. Every three (3) years, prior to coaching an interscholastic athletic activity, all coaches, paid and volunteer, will complete the online program and provide certification of completion to the District.

Prior to the first use of school district facilities, all private nonprofit and community youth sports programs must provide a written statement of compliance with this policy in regard to sudden cardiac arrest with proof of insurance as required by RCW 4.24.660.



Cross References:

- Automated External DefibrillatorsPolicy 3412
- Emergency TreatmentPolicy 3418
- Facility Use & Rental.....Policy 4260

Legal References:

- StudentsRCW 28A.600
- Liability of school district under contracts with youth programs..... RCW 4.24.660

Management Resources

- Concussion and Head Injuries*Policy News*, August 2009, August 2014, June 2015

- POLICY ADOPTED*August 10, 2009
- Revised*May 9, 2011
- Revised*August 25, 2014
- Revised*July 20, 2015