# POLICIES & PROCEDURES POLICY SERIES 3000 - STUDENTS

### **ANAPHYLAXIS PREVENTION**

For students with a medically diagnosed life-threatening allergy, the district will take appropriate steps for the student's safety, including implementing an Individual Health Care Plan.

## PARENT/LEGAL GUARDIAN RESPONSIBILITY

Prior to enrolling a student, the parent/legal guardian will inform the school in writing of the medically diagnosed allergy(ies) and risk of anaphylaxis. Upon receiving the diagnosis, school staff will contact the parent/legal guardian to develop an individual health care plan. An individual health care plan will be developed for each student with a medically diagnosed life-threatening allergy. The resulting plan, as approved and signed, and all required medications/medical supplies must be provided by the parent/legal guardian to the school prior to the first day of the student's attendance.

#### INDIVIDUAL HEALTH CARE PLAN

The written plan will identify the student's allergies, symptoms of exposure, practical strategies to minimize the risks and how to respond in an emergency.

The principal or designee (school's licensed nurse) will arrange a meeting (or telephone call) with the parent/legal guardian prior to the first day of attendance to develop and discuss the individual health care plan. The plan will be developed by the parent, school nurse and appropriate school staff. If the resulting plan includes self-administration of medications, the parents/legal guardians, students and staff will comply with Policy and Procedure 3419, Self-Administration of Asthma and Anaphylaxis Medication.

Annually and prior to the first day of attendance, the student health file will contain: 1) a completed individual health care plan; 2) a written description of the treatment order, signed by a licensed health care provider; and 3) an adequate and current supply of auto-injectors (or other medications). The school will also recommend to the parent/legal guardian that a medical alert bracelet be worn by the student at all times. The parent/legal guardian is responsible for notifying the school if the student's condition changes and for providing the current and/or updated medical treatment order, as well as the auto-injectors and/or other prescribed medications.

Students who have a medically-diagnosed, life-threatening allergy and no medication or treatment order presented to the school, will be excluded from school to the extent that the District can do so consistent with state laws and federal requirements for students with disabilities under the Individuals with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, and pursuant to the following due process requirements:

- A. Written notice to the parents/legal guardians or persons in loco parentis is delivered in person or by certified mail.
- B. Notice of the applicable laws, including a copy of the laws and rules, is included with the notice.

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C. The order will state that the student will be excluded from school immediately and until all required medications and/or medical supplies, a current and signed treatment order is presented, and care plan developed and approved.

### **COMMUNICATIONS PLAN AND RESPONSIBILITY OF SCHOOL STAFF**

After the individual health care plan is developed and approved, the school principal and the school's licensed nurse will inform appropriate staff regarding the affected student. The school's licensed nurse will provide all necessary documentation and appropriate training to staff regarding the affected student and the individual health care plan. The plan will be distributed to appropriate staff and, if necessary for the safety of the individual student involved, placed in appropriate locations in the District (class room, office, school bus, lunchroom etc.). For the safety of the individual student involved and with the written permission of the parent/legal guardian and the student (if appropriate), other students and parents may be given information about the student's condition.

### IN-SERVICE TRAINING

Annually, each school principal will provide for in-service training on how to minimize exposure and how to respond to an anaphylaxis emergency. The training will include a review of avoidance strategies, recognition of symptoms, the emergency protocols to deal with an anaphylaxis episode and use of an auto injector.

Student specific training and additional information will be provided by the licensed school nurse to teachers, para-educators, clerical staff, food service workers and bus drivers who will have known contact with a diagnosed student.

### **CONTROLLING THE EXPOSURE TO ALLERGENS**

Controlling the exposure to allergens requires the cooperation of parents, students, the health care community, school employees and the Board. The District will inform parents of the presence of a student with life-threatening allergies in their child's classroom and/or school and the measures being taken to protect the affected student. Parents will be asked to cooperate and avoid including the allergen in school lunches and snacks or other products. The District will discourage the sharing of food, utensils and containers. The District will take other precautions such as avoiding the use of party balloons or contact with latex gloves. Additionally, lunch room and play areas will be specified that are lowest risk for the affected student.

Each building will identify high-risk events and areas for students with life-threatening allergies, such as foods and beverages brought by students to school, school equipment and curricular materials used by large numbers of students (play-dough, stuffed toys, science projects, etc.) Further, each building with affected students will provide notice to all staff, students and parents that homemade foods should be avoided and those packaged foods brought to school by staff, students and parents should be in the original container with ingredients labeled.

## PROCEDURE 3420P

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During school-sponsored activities, appropriate supervisors, staff and parents will be made aware of the identity of the student with life-threatening allergies, the allergens, symptoms and treatment. The lead staff member will ensure that the student's auto-injector and any other authorized medications are brought on all field trips and that all appropriate authorizations and trainings have been completed within required timelines.



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