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**SELF-ADMINISTRATION OF ASTHMA AND ANAPHYLAXIS MEDICATIONS**

- A. Students with asthma are authorized, in consultation with the school's licensed nurse, to possess and self-administer medication for asthma or anaphylaxis during the school day, during school sponsored events or while traveling to and from school or school sponsored activities. The student will be authorized to possess and self-administer medication if the following conditions are met.
  - 1. The parent/legal guardian must submit a written request for the student to self-administer medication(s) for asthma or anaphylaxis;
  - 2. A Licensed Health Care Provider (LHCP) has prescribed the medication for use by the student during school hours and the student has received instructions in the correct and responsible way to use the medication(s);
  - 3. The student demonstrates to the LHCP and a school's licensed nurse the skill necessary to use the medication and/or the device necessary to administer the medication;
  - 4. The LHCP provides a written treatment plan for managing the asthma or anaphylaxis episodes of the student and for use of medication during school hours. The written treatment plan will include name and dosage of the medication, frequency with which it may be administered, possible side effects and the circumstances that warrant its use;
  - 5. The parent/legal guardian must sign a statement acknowledging that the District will incur no liability as a result of any injury arising from the self-administration of medication by the student and that the parent/legal guardian will indemnify and hold harmless the District and its employees or agents against any and all claims arising out of the approved self-administration of medication by the student.
- B. The authorization to self-medicate will be valid for the current school year only. The parent or legal guardian must renew the authorization each school year.
- C. In the event of an asthma or anaphylaxis emergency, the District will have the following easily accessible:
  - 1. The student's written treatment plan;
  - 2. The parent/legal guardian's written request that the student self-medicate; and
  - 3. The parent/legal guardian's signed release of liability form.
- D. Backup medication, if provided by the parent/legal guardian, will be kept at a location in the school where the student has immediate access in the event of an asthma or anaphylaxis emergency.
- E. A student's authorization to possess and self-administer medication for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the school's licensed nurse and the student's parent/legal guardian if the student demonstrates an inability to responsibly possess and self-administer such medication.

**ASTHMA RESCUE PROCEDURES**

In the event of a severe asthma episode or anaphylactic reaction, the school's licensed nurse will be immediately contacted. In the absence of the school's licensed nurse, the person responsible for school health duties will be contacted. The District will follow the procedures outlined in the most recently approved Emergency Health Care Plan including:

1. Managing the students' school environment;
2. Training school personnel in administration of medications and rescue procedures;
3. Accompanying and maintaining direct contact with students exhibiting symptoms;
4. Providing care as designed in the student's emergency care plan;
5. Calling 911, if appropriate
6. Notifying the student's parent or guardian;
7. Documenting interventions;
8. Reviewing the student's emergency care plan and making changes, if necessary



*PROCEDURE ESTABLISHED ..... May 9, 2011*  
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