

Youth Walk Challenge!

Be Active this October! Take the challenge!



**Walk 10 days
in October**

Win prizes!

**All youth under 18 can
participate.**

**Participate as an individual,
family, classroom, or group!**



Get moving!



To participate:

1. Download the Youth Walk Challenge at:
www.intercitytransit.com/youthwalkchallenge.com.
2. Walk 10 days and record the number of minutes you walk each day.
3. Email a photo of yourself walking or a picture of your completed challenge to: walknroll@intercitytransit.com by November 1.
4. We will mail you a prize and enter you in a prize drawing for a \$50 gift card!



A Youth Education Program of Intercity Transit