



SPONSORS



This is NOT a school-sponsored activity. The Olympia School District has neither reviewed nor approved the sponsoring organization or its program, personnel, and activities announced in this flier. The sponsoring organization and participants agree to protect, indemnify, and hold harmless the District, its Board of Directors, employees, and agents, from any and all claims, liabilities, damages, expenses or rights of action, directly or indirectly attributed to the organization, or its program, personnel, and activities. Permission to distribute this flier should not be considered an endorsement or recommendation of the program by the District.

SOUTH SOUND, WA

April 14, 28 & May 5, 19, 26 | Sundays 3:30-4:30

Komachin Middle School
3650 College St SE
Lacey, WA 98503

DIVISION	DISTANCE
Pre-K 2/3yr	50 Yard Dash
Pre-K 4/5yr	75 Yard Dash
K & 1st	1/4 Mile
2nd & 3rd	1/2 Mile
4th & 5th	1 Mile
6th, 7th, 8th	1 Mile

*All races will be the same distances each week.

SCORING/DETAILS

- Points based on finish.
- Runners with the most points after final race win trophies.
- Tech T-Shirts and Race Bags for Full Series Participants!
- Medal for ALL runners at Week 5.
- This is not a drop-off event.

For more information, please contact Alissa Clark at 602.284.9043 or at HKRSSouthSound@gmail.com

\$35 FULL SERIES*
FIVE WEEK SERIES

\$10 PER RACE*

*Registration is nonrefundable.

HEALTHYKIDSRUNNINGSERIES.ORG

Please cut and mail form back

Sign up online or mail this form with check payable to Healthy Kids Running Series at:
Healthy Kids Running Series
The Mill
381 Brinton Lake Rd.
Thornton, PA 19373

Race Series Entire Series Single Race Repeat Single Upgrade to Full

Participant Name _____ M F
Gender D.O.B _____

Email _____ Phone _____

Address _____

City _____ State _____ Zip _____

Emergency Contact Name _____ Check No. _____ Cash (For HKRS Coordinator to fill)

Komachin Middle School

T-Shirt Size (Full Series Only):

Youth Sizes
 XS
 S
 M
 L

Adult Sizes
 S
 M
 L

Grade Category

Pre-K 2yr
 Pre-K 3yr
 Pre-K 4yr
 Pre-K 5yr
 Kindergarten
 1st Grade
 2nd / 3rd
 4th / 5th
 6th / 7th / 8th

As the parent or legal guardian of the children named, I hereby give my full consent and approval for my child to participate in the Healthy Kids Running Series. In addition to giving my full consent for my child's participation, I do hereby waive, release, hold harmless and forever discharge Healthy Kids Running Series, Pattison Sports Group, the Community Coordinators, its officers, staff, sponsors, supervisors, and representatives for any injury that may be suffered by my child in normal cause of participation in the designated sport and the activities incidental thereto, whether paid damages, injury, or loss due to negligence or not. Additionally I grant Healthy Kids Running Series permission to use my child's name, image, voice, and identity in any program for promotion of Healthy Kids Running Series including written materials, website materials on any and all Healthy Kids Running Series publication across the entire worldwide web including but not limited to www.HealthyKidsRunningSeries.com and its sub domains, Facebook, Twitter, Flickr, Pintrest, any other unnamed form of social media, video, audio, or other forms without prior consent or compensation. Lastly, I understand in the event Healthy Kids Running Series does not take place due to natural disaster, pandemic, a severe weather event, acts of war, acts of God or force majeure, that my child's registration will not be refunded.

Signature of parent or guaridan if under 18 years of age.

Date