

Name: \_\_\_\_\_

School: \_\_\_\_\_

Grade (circle one):            8        10        11        12

Physical Examination

Prior to the first practice for participation in high school athletics, a student shall undergo an initial medical examination and be approved for interscholastic athletic competition by a medical authority licensed to perform a physical examination. Physical examination conducted after June 1, 2004, shall be valid for twenty-four (24) consecutive months with a physical update to be conducted after thirteen (13) months. The twenty-four month physical examinations and 13-month updates shall be submitted on forms provided by the District and signed by a medical authority licensed to perform a physical examination, that provides clearance for continued athletic participation.

Examiner's Certification:

Updated history of concussions: \_\_\_\_\_

Date of last complete physical examination: \_\_\_\_\_

I hereby certify that the above-named individual's physical condition is adequate to continue participation in supervised interscholastic activities circled below:

- |             |            |               |             |           |
|-------------|------------|---------------|-------------|-----------|
| Baseball    | Basketball | Cross Country | Dance/Drill | Football  |
| Golf        | Gymnastics | Soccer        | Softball    | Spirit    |
| Swimming    | Tennis     | Track         | Volleyball  | Wrestling |
| Other _____ |            |               |             |           |

\_\_\_\_\_  
Date

\_\_\_\_\_  
Examiner's Signature

\_\_\_\_\_  
Examiner's Name (Print)

# Olympia School District

## Physical Examination Update Statement for Continued Participation

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Sport(s) \_\_\_\_\_

Exam Date: \_\_\_\_\_