

osd~The Capital Cougarettes Present ~

# The Jr. Cougarettes Dance Clinic

## September 17th, 2017

- **Fun-filled morning of Dance! No experience necessary!**
- **Learn Football Dance Routine! Work on Dance Technique!**
- **Play some Fun Games & Activities with the Cougarette Dancers!**
- **Receive Jr. Cougarettes Dance T-shirt. Parent Show at 12pm!**
- **Perform at a CHS Varsity Football Game Half Time with the Cougarettes!**

**Who:** Grades K – 8<sup>th</sup> Invited! Dancers will be divided into Different Age Groups.  
**What:** Jr. Cougarettes Clinic Routine taught by CHS Dance Team.  
**Where:** Capital High School, 2707 Conger Ave Olympia, WA 98502  
**When:** 9/23/17 9:00AM to 12:00 PM. Sign-in begins at 8:30 AM.  
**Show:** Parent Show begins at 12pm in CHS Main Gym and Friday 9/29/17 at the CHS Varsity Football Game Half Time show. Please arrive no later than 6:30 pm at Ingersoll Stadium.  
**Bring:** Water!  
**Wear:** Comfortable gym or dance clothes with jazz or tennis shoes, with your hair pulled back.  
**Cost:** \$55.00 per Jr. Dancer. INCLUDES: Jr. Cougarettes T-shirt, Snack and Admission the to the CHS Varsity Football Game on 9/29/2017 **Walk-ins welcome!**

Visit our Website: <https://sites.google.com/site/capitalcougarettesdanceteam> or email head coach Jan Kiefer at [jkiefer@osd.wednet.edu](mailto:jkiefer@osd.wednet.edu) for more information.

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_____	_____	_____
Child's Name	Child's Grade	Child's Home Phone Number
_____	_____	<b>YS YM YL AS AM AL</b>
Child's Address	Child's School (in Fall)	Child's T-shirt Size (Circle)
_____	_____	_____
Parent Name	Parent Cell Phone Number	Parent E-Mail
_____	_____	_____
Referred by (Capital Dancer)	Child's School Name	
_____	_____	
Child's Doctor & Phone Number	Child's Insurance Company & Policy Number	
_____	_____	

List any Medical or Physical Limitations that we should be aware of.

This Dance Clinic is NOT sponsored by the Olympia School District.

I acknowledge that the minor and I fully understand that the minor's participation may involve risk of serious injury or death, including economic losses, which may result not only from the minor's own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity;

I assume any and all risks of personal injuries to the minor and authorize the Sponsor to contact or employ a licensed physician to render any medical treatment that may be deemed necessary for the minor or to take and admit the minor to any hospital. If such medical treatment or hospitalization is required, I agree to pay all medical and hospital bills relating thereto, permanent or partial disability or death and damages to the minor's or my property, caused by or arising from the minor's participation in the event or activity;

I release, waive, discharge and relinquish the Olympia School District, Capital High School or the Capital Dance Team and their respective officers, volunteers, dancers, coaches and agents from any liability, loss, damage, claim, demand or cause of action against them attributable to the minor's participation in the event or activity, whether same shall arise by their negligence or otherwise.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*This is NOT a school-sponsored activity. The Olympia School District has neither reviewed nor approved the sponsoring organization or its program, personnel, and activities announced in this flier. The sponsoring organization and participants agree to protect, indemnify, and hold harmless the District, its board of directors, employees, and agents, from any and all claims, liabilities, damages, expenses or rights of action, directly or indirectly attributed to the organization, or its program, personnel, and activities. Permission to distribute this flier should not be considered an endorsement or recommendation of the program by the District.*