



# SEVERE /LIFE THREATENING ALLERGY PLAN/MEDICATION ORDERS

Student's Full Legal Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Legal Guardian's Printed Name: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Second Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

**SEVERE ALLERGY TO:** \_\_\_\_\_ **(Allergen)** **ASTHMATIC:**  Yes  No

SIGNS OF AN ALLERGIC REACTION	
<b>Throat*</b>	itching and/or sense of tightness in the throat, hoarseness, and hacking cough
<b>Lung*</b>	shortness of breath, repetitive coughing and/or sneezing
<b>Heart*</b>	"thready" pulse, fainting and/or feeling may "pass out"
<b>Mouth</b>	itching and swelling of the lips, tongue or mouth
<b>Skin</b>	hives, itchy rash and/or swelling about the face or extremities
<b>Gut</b>	nausea, abdominal cramps, vomiting and/or diarrhea
<p>The severity of symptoms can quickly change.            *Symptoms in any of the top three systems can be immediately life-threatening .  <b>IN THE PRESENCE OF ANY OF THE ABOVE SYMPTOMS</b> a child with severe allergies should be observed continuously.</p>	

ACTION	
1.	If exposure to allergen is suspected, or if the child exhibits ANY symptoms, give epinephrine (inject into thigh and hold for 10 seconds OR, per manufacturers/HCP direction)
2.	<b>CALL 911</b>
3.	Call Parent/Legal Guardian
4.	Call School Nurse

## DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL 911

**Registered nurses cannot delegate assessment and clinical judgment to unlicensed school staff, therefore, Benadryl or Antihistamine will not be given first and there cannot be a "wait and watch" period of time. Epinephrine will be administered as ordered.**

MEDICATION ORDERS: To be completed and signed by Licensed Health Professional	
1.	Give epinephrine _____ Jr. 0.15 mg _____ 0.3 mg
2.	After Epinephrine, give Antihistamine _____ (ml/mg/cc) every _____.
3.	If child has a history of Asthma and is: wheezing, having chest tightness, or shortness of breath with allergic reaction AFTER Epinephrine is administered: Rescue Inhaler as authorized.
Please list side effects of medications:	
Epinephrine:	_____
Antihistamine:	_____
Emergency Procedure in Case of Side Effects: _____	
Duration of Order: Current School Year _____	
Child was instructed and demonstrated use? <input type="checkbox"/> Yes <input type="checkbox"/> No May Self-carry / Self-administer: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Licensed Health Professional's Signature: _____ Date: _____	
Licensed Health Professional's Printed Name: _____	
Address: _____	



# SEVERE /LIFE THREATENING ALLERGY PLAN/MEDICATION ORDERS

TO BE COMPLETED BY PARENT/LEGAL GUARDIAN		
Student's Full Legal Name:	DOB:	Grade:
Allergy History: History of anaphylaxis/severe reaction: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Allergy indicated by testing: <input type="checkbox"/> Yes <input type="checkbox"/> No      Date of Last Reaction: _____		
Other Allergies:		
Child has Asthma: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Student: Rides Bus # _____ Walks _____ Picked Up _____ Drives _____ Other _____		
FOOD ALLERGY ACCOMMODATIONS:		
Child is responsible for making their own food decisions: <input type="checkbox"/> Yes <input type="checkbox"/> No		
-Parent/Legal Guardian should be notified of any planned parties as early as possible		
-Classroom projects should be reviewed by teaching staff to avoid specific allergen(s)		
-Foods and alternative snacks will be provided by parent/legal guardian <input type="checkbox"/> Yes <input type="checkbox"/> No		
-When eating, child requires: <input type="checkbox"/> Specific eating location      Where? _____		
<p>I certify that I am the parent/legal guardian or other person in legal control of the above identified child. My signature indicates my involvement and agreement with the information and plan as stated above. I request that this medication be given as ordered by the licensed health care provider. I give permission for Health Services Staff to communicate about this condition with Licensed Health Care Provider's office, 911 responders/and school staff working with my child. All medication supplied must be unexpired and come in its original container provided with instructions as noted above by the licensed health care provider. Any permission to possess and self-administer medication may be revoked by the principal or school nurse if it is deemed that your child is not safely and effectively able to carry or self-administer.</p> <p>I request and authorize my child to carry and/or self-administer their medication: <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>I will supply backup epinephrine for health room. <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Parent/Legal Guardian's Signature: _____ Date: _____</p>		

FOR LICENSED NURSE USE ONLY	
This child has demonstrated to the licensed nurse, the skill to use the medication and any device necessary to administer the medication ordered whether self-administered or not. <input type="checkbox"/> Yes <input type="checkbox"/> No	
This plan has been reviewed /approved by the registered nurse.	
Licensed Practical Nurse's Signature (if applicable): _____	Date: _____
Registered Nurse's Signature: _____	Date: _____
<p>A signed copy of this plan will be kept in the Health Room. Recommendation sent to the school administration to self-carry per District Policy #3419.</p>	

<b>Epi-pen:</b>	<b>Inhaler:</b>
In health room? <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Expiration date: _____	
Carries in: <input type="checkbox"/> Backpack <input type="checkbox"/> Purse <input type="checkbox"/> Other	